



# The San Marcos Seventh-day Adventist Church Together Newsletter

August 21, 2020

## Church on the Lawn



We started having our summertime Church on the Lawn. People loved the informal under the tent format and you are welcomed to join us again at 10:45 am this Sabbath. Please bring your own chairs and blankets to sit on.



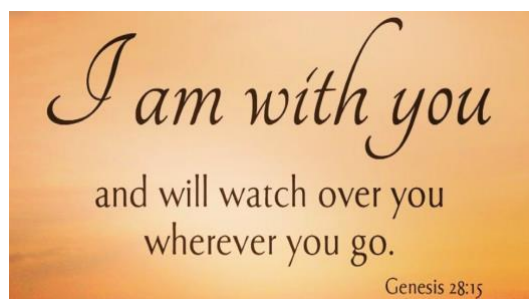
"He who believes in Me  
will never be thirsty.  
John 6:35

Even though it is hot during the summer and the world is involved in so much trouble, we can still come together and be reminded of the spiritual realities which sustain our minds and hearts until Jesus comes and takes us to our home above.

Herb Shand will be preaching this week on "Hope for Individuals, Parents, Children and Families." Kris Boyle will be speaking to us next Sabbath.

## God Is Our Refuge and Our Strength

*God is our refuge and strength, a very present help in time of trouble. Therefore we will not fear...* **Psalm 46:1-2**



The emerging situation with the COVID-19 coronavirus and the many news reports around us are creating anxiety and worry for the future and our well-being. In times like these, it is especially important to remember God's promise to be with us . . . as He was with the remorseful fugitive Jacob in his flight from his father's tents, "I am with you and will watch over you wherever you go" (Genesis 28:19).

This same thought was conveyed by the angel at the announcement of the birth of Jesus, "and they will call him Immanuel" — which means, "God with us." And finally He has promised to be with each one of us until the end of the age we are now facing. "And surely I am with you always, to the very end of the age" (Matthew 1:23; 28:20).

## San Marcos Online Sabbath Morning Progamring



Here is all the information you need to join our online Sabbath School and worship services from the protection of your own home. Please call the church if you need any help in getting connected before the service. You can go online to get a Sabbath School quarterly by this link.

[https://sabbath-school.adventech.io/en/?utm\\_source=H%27ville+Church+Family&utm\\_campaign=7a54bf7ea1-Bulletin+-+September+30%2C+2017\\_COPY\\_01&utm\\_medium=email&utm\\_term=0\\_de567a13e0-7a54bf7ea1-228090353](https://sabbath-school.adventech.io/en/?utm_source=H%27ville+Church+Family&utm_campaign=7a54bf7ea1-Bulletin+-+September+30%2C+2017_COPY_01&utm_medium=email&utm_term=0_de567a13e0-7a54bf7ea1-228090353)

### **Sabbath: Spanish Sabbath School Class:**

Who: Hosted live by the San Marcos Adventist Church.  
When: Sabbath Morning: 9:00 am  
What: Sabbath School Class in Spanish  
How: Watch on our website at [sanmarcosda.com](http://sanmarcosda.com) or on You Tube at [https://www.youtube.com/channel/UCvFr6Ecka\\_1bKk2PUrA2tMg](https://www.youtube.com/channel/UCvFr6Ecka_1bKk2PUrA2tMg)

### **Sabbath: Adult Sabbath School Class:**

Who: Hosted live by the San Marcos Adventist Church.  
When: Sabbath Morning: 9:45 am  
What: Adult Sabbath School Class  
How: Watch on our website at [sanmarcosda.com](http://sanmarcosda.com) or on You Tube at [https://www.youtube.com/channel/UCvFr6Ecka\\_1bKk2PUrA2tMg](https://www.youtube.com/channel/UCvFr6Ecka_1bKk2PUrA2tMg)

### **Sabbath: Worship Service:**

Who: Hosted live by the San Marcos Adventist Church.  
When: Sabbath Morning: 10:45 am  
What: Worship Service  
How: How: Watch on our website at [sanmarcosda.com](http://sanmarcosda.com) or on You Tube at [https://www.youtube.com/channel/UCvFr6Ecka\\_1bKk2PUrA2tMg](https://www.youtube.com/channel/UCvFr6Ecka_1bKk2PUrA2tMg)

## San Marcos Online Young Adult Friday PM Book of Revelation Class



The Young Adults meet to open the Sabbath . . . join us for a study on the Book of Revelation on Friday evenings

### **Friday Night Young Adults Vespers Zoom Meeting:**

Who: Hosted by Cherisse Loo and Unha Kim.  
When: Friday Evenings: 7:30 pm  
What: Study of Revelation 13, A Deeper Understanding of the Mark of the Beast by Jim Park  
How: Contact Unha Kim at [calvink09@gmail.com](mailto:calvink09@gmail.com).

## How to Give Online or Through the Mail



If you know how to fill-out a tithe envelope, you can just as easily give online at [www.AdvenistGiving.Org](http://www.AdvenistGiving.Org)! Here is a YouTube video giving clear instructions how to give online to the San Marcos Church.

[https://www.youtube.com/watch?v=dcZbHd-\\_koo](https://www.youtube.com/watch?v=dcZbHd-_koo)

If you have any problems with giving online, please contact Pastor Bell. For those wishing to send money directly to the church they can make out a check to San Marcos SDA Church and send it to *363 Woodland Parkway, San Marcos, CA 92069*. Our Church budget especially needs help at this critical time and let us all be faithful to the Lord in the giving of our tithe and offerings.

## Sabbatical Rest During the Pandemic



In ancient times God directed Israel that every seventh-year they were to give themselves and the land rest which would have more time to be with the Creator and their good families.

Perhaps in our very hurried lives, God has given each of us an opportunity during this slowdown to come apart from our hurried

lives and find more time to be with our families, our friends and the One who made us. Read that book . . . start that hobby . . . renew that old acquaintance and this time where sickness is in the land might bring many an opportunity to grow in His grace.



## Coronavirus Disease 2019



CORONAVIRUS IN SAN DIEGO

PREPARE FOR PANDEMIC

ABOUT

[https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community\\_epidemiology/dc/2019-nCoV/status.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV/status.html)

## Best Practices Article Recommended by the North American Division



Here is a link to 5 things we can all do to keep being a Church when our weekly in person church-services are cancelled.

[https://www.patheos.com/blogs/irreverin/2020/03/how-to-keep-being-church-when-church-is-canceled/?fbclid=IwAR2DkS0i3K99sivfnM9E3k\\_0cc4T3XiuEtozt-mGKdkjAE02LB54-NiwW1o](https://www.patheos.com/blogs/irreverin/2020/03/how-to-keep-being-church-when-church-is-canceled/?fbclid=IwAR2DkS0i3K99sivfnM9E3k_0cc4T3XiuEtozt-mGKdkjAE02LB54-NiwW1o)



# Recipes

**Hello Everyone . . . Welcome!** Please feel free to share any vegetarian, vegan and/or gluten free recipes. We would also like for you to share any timesaving tips for cooking or where we could get specialty food items which might be hard to find. Please e-mail them to [dianarpark@gmail.com](mailto:dianarpark@gmail.com) and thanks so much for your contributions. Diana Park

**Donna Stilson** makes a delicious **Oatmeal Bread** that she provides for her monthly potluck deli spread. She supplies a variety of ingredients to make a special sandwich; nut butters, jam, vege-meats, cheese, egg salad, avocados and more. If you are a bread maker or want to be, please enjoy making her Oatmeal Bread. Thank-you Donna for the recipe and all your deli spreads!

## **OATMEAL BREAD**

2 C water; 1 C old fashioned oats

Cook these together and put into a mixer bowl.

(I use my KitchenAid mixer with dough hook)

### **Add to the mixer:**

3-4 ice cubes + water to 1 C (to cool the oatmeal a bit)

2 C whole wheat flour

2 tsp Do Pep (a brand of vital wheat gluten)

2 tsp Lecithin (liquid or dry)

2 tsp Sweetener

4 tsp Dough Enhancer – for lightness

(Can be made without it, but bread will be heavier)

### **Mix for 5-6 minutes**

### **Add in order:**

2 C white all-purpose flour or Goldmetal Better for Bread Flour

2 pkg Fleischmann's Active Dry yeast

2 C white all-purpose flour or Goldmetal Better for Bread Flour

2 tsp salt

### **Mix till ball is well formed.**

1 spatula it away from edges and spray with Pam (one side, then the other). Put in large bowl and cover with a wet paper towel. Raise in slightly warm oven for 50 minutes. Put into 2 bread pans. Raise 50 min. Bake 350 for 50 min.

Dump out into wire rack to cool.

**Manna Tuesday Weekly Foodbank**

# Food Distribution

SAN MARCOS SDA CHURCH  
363 Woodland Parkway  
San Marcos, CA

NOW SERVING  
3 DAYS A WEEK  
AHORA SIRVIENDO  
3 DÍAS A LA SEMANA

YOU'RE  
WELCOME  
1X PER WEEK  
BIENVENIDO  
1 VEZ POR  
SEMANA

WALK-UP SERVICE  
SERVICIO SIN CITA

~ ~ ~ ~ ~  
SATURDAY/SABADO  
1:00PM-4:00PM  
SUNDAY/DOMINGO  
2:30PM-6:30PM

DRIVE-THRU  
SERVICIO AL CARRO

~ ~ ~ ~ ~  
TUESDAY/MARTES  
4:00PM-6:00PM

For more information  
Para más información  
[www.facebook.com/MannaTuesday](http://www.facebook.com/MannaTuesday)

**Food Bank Extended Hours:** We have begun our extended hours of our Food Bank and are looking forward of being of service to our community.

During the weekend hours of Sabbath, 1:00 to 4:00 and Sundays, 2:30 to 4:30, there is more time to meet the people and become acquainted with them.

If you would like to volunteer for any of the times we are open, be sure to read how to make a difference and become a volunteer in the section below.

During the wanderings in the wilderness for 40 years God fed two million people everyday with the bread that fell from heaven. May we extend that same blessing to others as "Manna Tuesday" expands its services to include our weekend Super Pantry.

**BECOME A VOLUNTEER - MAKE A DIFFERENCE**



Make a big difference and come and be a volunteer at the Food Bank. Please sign up at <https://signup.com/go/wjTzRWZ> or text Jossy Broden (619) 301-6469 for more information. Volunteer shifts available starting 2:30pm. We especially need a few strong and able bodies to help set up the Food Bank from 1:30 to 3:30 pm on Tuesdays.

All volunteers can get first pick of the food as a big thank-you for helping out. It is a big blessing to work together! Thanks for all your help and prayers to support this vital ministry and witnessing opportunity to many families in the community.